

# The Glenfield Surgery

## Patient Participation Group



### Welcome to the November 2019 edition of the PPG Newsletter

*Dr Bhamra*

*“The practice is very sad to report the sudden loss of a respected colleague on Sunday 13<sup>th</sup> October 2019. Dr Gurpreet Bhamra ‘Bobby’ had worked with us at the practice for 2 years and was liked and respected by both his colleagues and his patients. He will be greatly missed by everyone”.*

*We send our sincere condolences to his family and friends.*

#### Practice News

##### Staff changes

Dr Christobella White will be joining us in approximately 3 months. She currently works at the Glenfield Hospital as a Research Fellow in Cardiovascular Medicine and had been there for approximately 10 years. Christobella was GP trained in France prior to this and was keen to return to GP work. The refresher placement would be full time, 7 sessions for approximately 3-6 months. Christobella would begin week 1 as a GP Registrar 1 however, would quickly escalate to GP Registrar 3 by week 13. She would have a Clinical Supervisor and be involved in joint surgeries. We will keep you informed of her start date.

We have Chibs Mfula joining us on the 18<sup>th</sup> November as a Physician Associate.

This is a new role and Chibs duty will be working on the day acute appointments until her role evolves.

Physician associates support doctors in the diagnosis and management of patients and work under the supervision of a doctor. They are trained to perform a number of day-to-day tasks including:

- taking medical histories from patients
- performing physical examinations
- diagnosing illnesses
- seeing patients with long-term chronic conditions
- performing diagnostic and therapeutic procedures
- analysing test results
- developing management plans
- provide health promotion and disease prevention advice for patients.

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### **Primary Care Network (PCN)**

As part of the **Primary Care Network (PCN)**, each PCN will have a **Social Prescriber** funded by the NHS. The social prescriber for our Blaby North PCN is Farzana Patel. Farzana has to share her time across the 5 surgeries in Blaby North and currently visits Glenfield Surgery on a Thursday. So what does a social prescriber do?

Social prescribing involves helping patients to improve their health, wellbeing and social welfare by connecting them to community services which might be run by the council or a local charity. For example, signposting people who have been diagnosed with dementia to a local dementia support group.

Another example, where Farzana has been able to help a patient, involved a gentleman who is wheelchair bound and rarely leaves his house. Farzana has arranged for a community bus to pick him up each week and take him to a lunchtime club. Here the gentleman enjoys a meal and the company of other people in similar circumstances to himself.

The social prescriber does not treat medical conditions per se, but as with the gentleman cited above, he has been given something to look forward to each week and now he has taken this step is keen to investigate other avenues. As a result his wellbeing has improved.

Key to the success of the social prescriber is building a list of contacts and organisations that can offer facilities to socially disadvantaged people. This can range from something as simple as, say, a church hall that has coffee mornings where people meet up for a tea/coffee, biscuits and a chat, to groups dealing with people suffering with mental illness.

Patients are referred to Farzana by the GPs.

### **PPG news**

#### **PPG Recruitment**

We are pleased to announce that Mandy Coley has joined the group. Mandy has a long association with the practice and, in 1969, was secretary to the late Dr Patterson when he first joined the practice. At that time the doctors at the Glenfield Surgery were Drs. Small, Parkes-Bowen and Brown.

If you would like more information on becoming a PPG member then please email the Patient Group at [glenfieldsurgeryppg@outlook.com](mailto:glenfieldsurgeryppg@outlook.com)

If you wish to receive this newsletter by email each month, then either complete a form in the surgery and leave in the PPG suggestions box in the ground floor waiting room or email your request to [glenfieldsurgeryppg@outlook.com](mailto:glenfieldsurgeryppg@outlook.com)

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### USEFUL CONTACT DETAILS

**Glenfield Surgery** tel: 0116 2333600 Website: [www.theglenfieldsurgery.co.uk](http://www.theglenfieldsurgery.co.uk)

**Out of Hours GP service** tel: 111  
**NHS111 Advice 24/7** tel: 111

**Glenfield Pharmacy** tel: 01162876167 Website: [www.glenfieldpharmacy.co.uk](http://www.glenfieldpharmacy.co.uk)

Opening hours – Monday – Friday 08.00 – 22.30, Saturday – Sunday 08.00 – 21.45

**Morningside Pharmacy** tel: 0116 2332713 Website: [glenfield@morningsidepharmacy.co.uk](mailto:glenfield@morningsidepharmacy.co.uk)

Opening hours – Monday – Friday 09.00 – 18.30, Saturday 09.00 – 13.00, Sunday closed

**Patient Participation Group** email: [glenfieldsurgeryppg@outlook.com](mailto:glenfieldsurgeryppg@outlook.com)

**Spinal Health Clinics (private Osteopathy service)** tel: **07956 231587**