

# The Glenfield Surgery

## Patient Participation Group



### Welcome to the February 2018 edition of the PPG Newsletter

#### Practice news

**Photo board** – most of the staff photographs are now displayed on the photo board in the downstairs waiting room on the wall near the reception area. The remaining photographs will be displayed as soon as possible.

Week commencing 22 January we have been asked to provide additional access to primary care through additional **URGENT on the day bookable appointments** for eight weeks over the remainder of the 2017/2018 winter period.

We are providing an extra five hours a week (combination of GP/nurse appointments). These extra appointments are being well taken up but there are some daily appointments available. The times allow patients to take appointments earlier and later in the day but please remember they are for **URGENT on the day appointments**.

**Oz Se Oliveira** finished his apprenticeship on the 29<sup>th</sup> January. The practice is now advertising for two additional apprentices.

**Dr Y Faizi** (female doctor) is joining the practice as a locum on an as and when needed basis. Dr Faizi was an ST3 Registrar at the surgery last year.

#### Staff profile – Alison Berry

Alison was born near Stockton-on-Tees and at age 4, moved with her family to Desford. After leaving school at 16, Alison attended college to gain the extra 'O' levels that she needed to begin training as a Registered General Nurse (RGN). The 3 year course was at the Charles Freer School of Nursing in Leicester and each term involved 2 weeks of theory at the school followed by 12 weeks of practical experience in either the Leicester Royal Infirmary or the Leicester General hospitals on the wards.

Following her training, Alison worked at the LRI firstly on medical wards for 18 months and then 18 months on the surgical wards. By now Alison was married and her husband's work took them to Nuneaton to live where she gained a nursing position in the George Elliott cardiac wards. This was followed by a move to the Walsgrave hospital in Coventry on the respiratory ward.

During her time at Walsgrave, the first 2 of Alison's 3 children were born and Alison took maternity leave before returning to work. After the birth of her third child Alison took a break from work and apart from some part-time working stay home to bring the children up.

As Alison had been away from nursing for a few years she had to undertake a Back to Nursing course before gaining a position at Glenfield hospital on the respiratory ward.

Alison left her hospital role and moved to District Nursing at Beaumont Leys to have better hours and spend time with her children. She spent 18 – 24 months here before joining the Glenfield District nursing team, based in what is now Building B at the practice. As a District nurse, Alison visited patients from the Glenfield and Leicester Forest East surgeries. About 2 years ago Alison took early retirement and then worked for the Glenfield surgery as a locum for 8 hours a week, this later increasing to 12 hours per week.

In December 2017, Alison became an employee of the Glenfield surgery and now works Mondays 4pm – 8pm, Thursdays 10am – 2pm and Fridays 10am – 2pm. On one of these sessions Alison works as a 'frailty nurse' offering support and help to vulnerable patients and their relatives. There are plans to evolve this role towards 'end of life' care. Alison has experience in this area gained from visiting terminally ill patients when she was a District Nurse.

Alison has many years of adult nursing experience, she enjoys all aspects of her job and gets lots of variety so never gets bored. She spoke particularly highly of the support she gets from other members of the nursing team, the GPs and other members of staff.

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### Photography

The Practice is planning to introduce a photography system so that patients with certain types of visible markings, for example, potential skin cancers, can have them photographed and sent to the UHL for further investigation. There are obviously issues with consent, privacy and confidentiality that have to be worked through but the benefits from doing this are considerable.

The webcam initially obtained has been found to be unsuitable, so a further one has been ordered.

### PPG News

#### Do you enjoy walking? Do you need some exercise?

We have been contacted by Cllr. Roy Denney, Vice Chair of Glenfield Parish Council and Chair of the Environment, Recreation and Sport Committee with details of recommended walks around Glenfield. These can be found on the Parish Council website under the link:

<http://www.glenfieldparishcouncil.org.uk/local-walks.html> there are 15 walks listed of varying distances and difficulty. So if your GP or nurse has recommended some exercise or you just enjoy walking then please see what is available locally on the Parish Council website. If you would like to walk with some other patients then please send your contact details to the PPG at:

[glenfieldsurgeryppg@outlook.com](mailto:glenfieldsurgeryppg@outlook.com) and we will put you in touch with others. You may be able to get a weekly walking group together. Thank you Cllr. Denney for the information.

#### USEFUL CONTACT DETAILS

<b>Glenfield Surgery</b>	tel: 0116 2333600	Website: <a href="http://www.theglenfieldsurgery.co.uk">www.theglenfieldsurgery.co.uk</a>
<b>Out of Hours GP service</b>	tel: 111	
<b>NHS111 Advice 24/7</b>	tel: 111	
<b>Glenfield Pharmacy</b>	tel: 01162876167	Website: <a href="http://www.glenfieldpharmacy.co.uk">www.glenfieldpharmacy.co.uk</a>
<b>Morningside Pharmacy</b>	tel: 0116 2332713	Website: <a href="mailto:glenfield@morningsidepharmacy.co.uk">glenfield@morningsidepharmacy.co.uk</a>
<b>Patient Participation Group</b>		email: <a href="mailto:glenfieldsurgeryppg@outlook.com">glenfieldsurgeryppg@outlook.com</a>
<b>Spinal Health Clinics (private Osteopathy service)</b>	tel: <b>07956 231587</b>	

If you wish to receive this newsletter by email each month, then either complete a form in the surgery and leave in the PPG suggestions box in the ground floor waiting room or email your request to [glenfieldsurgeryppg@outlook.com](mailto:glenfieldsurgeryppg@outlook.com)

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