The Glenfield Surgery Patient Participation Group



Newsletter November 2016

Welcome to the November edition of the PPG Newsletter.

Dr Michael Salt retires 25th November 2016

Dr Michael Salt, Mike, was born in Harpenden, Hertfordshire on 24th November 1953 and is one of four children with an older brother and two sisters. He was educated at St. Georges School, a mixed day/boarding school where he developed a more academic leaning towards the sciences, particularly biology. He also represented the school at rugby as a member of the 1st XV.

Following secondary education, Mike attended the Liverpool Medical School and after 5 years obtained his MBChB degree (Bachelor of Medicine, Bachelor of Surgery).

He then spent the next year as a houseman and several further years at Liverpool hospitals in General Medicine including time in the Regional Cardiac Unit. It was during this period that Mike developed his interest in diabetes from one of his consultants who specialised in this area. Over the next 7 years, as well as his time in Liverpool, Mike worked in hospitals in St. Albans and also at The Leicester General.

During his time at The General, Mike decided to make a career change and moved to Norwich to become a GP. He moved back to Leicester in 1991 when he obtained a position at The Glenfield Surgery. So 25th November 2016 will see Mike retire from a distinguished career as a GP at Glenfield over the past 25 years.

Mike married in 1983 and has two children, a daughter who is studying for a degree in Medicine at Leeds University and who plans to become a surgeon. She already holds a degree in Medical Sciences. His son is also at Leeds University reading History.

Following his retirement, Mike will be able to give more time to his interests which his work as a GP has interrupted.

Astronomy – back in his primary school days Mike first developed an interest in astronomy. He won a Form prize of a book token and remembers going to W H Smith and exchanging it for the Observers Book of Astronomy written by Patrick Moore. His interest grew from here and Mike will now have the time to take a more active interest and plans to join the Astronomy Society at the Leicester Space Centre. His main telescope is a 4 inch refractor telescope.

Gardening – Mike has a reasonable sized garden at his home, but there are areas of it which need time and attention. He will now be able to plan how he will utilise the space and will have the time to implement his ideas.

Tennis – a member of the Gynsills Lawn Tennis Club, Mike currently plays to help keep fit, says it beats running any day. The club has a number of teams playing other clubs across the county. He will be seeing if he can make any of the teams.

Languages – Mike speaks French and Italian and will be starting to learn German following his retirement.

Whilst many retirees wonder what they will do with their newly found free time, Mike knows exactly what he will do with his and will now be able to follow his interests to the depth that he wants to.

When asked what had changed over the past 25 years he mentioned accountabilities and on-call commitment. Today there are many guidelines, controls and returns to be followed and completed. Many of these are necessary but it has significantly increased the GP's workload. The on-call commitment has reduced and whilst a welcome change from previous arrangements for the GP, is not necessarily a good move for the patient.

The Glenfield Surgery

Patient Participation Group



If he was Secretary of State for Health the two changes he would make would be to show respect for the professionalism of the profession. Too much is now a dictate from the government, showing a loss of respect for the medical profession. Secondly, finance should be moved away from the administrators and more control for its spend given to the clinicians.

What are you going to miss most? The camaraderie of the staff and patients.

What are you looking forward to most? Re-prioritising my lifestyle towards aspects that have had to be put to one side.

If you were newly qualified today would you still want to be a GP? Yes, I have spent 40 years as a medical professional and have found it to be most fulfilling.

The Glenfield PPG and patients would like to wish Dr Salt a long, healthy and happy retirement and thank him for the service that he has given to them.

Important Information

Glenfield Surgery repeat prescription service is changing

From 1st December 2016 we will not accept:

- 1. Medication requested by pharmacies on behalf of patients
- 2. Any prescription requests made over the telephone

Why are these changes being made?

- The NHS Authority, East Leicestershire and Rutland Clinical Commissioning Group has instructed us to make these changes
- There are concerns that where medicines are ordered by a third party, excessive amounts are ordered
- It is not good practice to take telephone requests for medicines as transcription errors may occur and patient safety may be compromised

What is changing?

- If your medicines are usually ordered on your behalf by your pharmacy, you will now need to order your medication directly from the Glenfield Surgery
- You will no longer be able to make telephone requests for medicines

What do I need to do?

- You can request medicines by dropping your repeat slip off in a designated box in The Glenfield Surgery foyer or by ordering your prescription directly online
- If you would like to request medicines that are not on your repeat slip, this will need to be done by the completion of a form available at the foyer

How can I request repeat medicines online?

• Please contact the reception desk for access to your login details

When do I need to order my prescription?

 Please order your medicines a week in advance as we will need at least 3 working days to prepare your prescription

The Glenfield Surgery

Patient Participation Group



Will I need to collect my prescription?

- We encourage you to nominate your regular pharmacy to allow us to electronically send your prescriptions to them
- The pharmacy will prepare your prescription, please mark on your repeat if you will be collecting your items or would like them delivered
- If you do not wish to nominate a pharmacy, your prescription will need to be collected from The Glenfield Surgery reception desk

Does this apply to everyone?

- If you receive your medicine in a dosette tray please speak to your pharmacy
- Alternatively, if you are housebound, please contact someone at the reception desk who will be able to help you

Building B

The additional consulting rooms in Building B will not be used for new services at present, but will be used when extra doctors are required.

Local Pharmacy Services

Pharmacies are able to provide a number of services which can save patients visiting the GP. These services are listed on the NHS Choices website and you can find your local pharmacy listed there.

The NHS Choices website, <u>www.nhs.uk</u>, provides a wealth of information about NHS services, location of local GPs, Pharmacies and Dentists as well as information on the treatment of medical conditions.

Newsletter by email

If you wish to receive the newsletter by email each month, then either complete a form in the surgery and leave in the PPG suggestions box in the ground floor waiting room or email your request to glenfieldsurgeryppg@outlook.com.